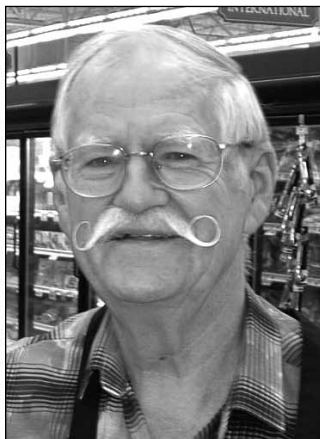


LOAVES and FISHES

Enfield Loaves and Fishes, Inc.
P.O. Box 544 • Enfield, CT 06083-0544
www.enfieldloavesandfishes.com

“Share your bread with the hungry.” This was written over 2,700 years ago. It is not a complicated concept – although, as you well know, it requires so much work. And with the national economy booming, we often feel that poverty has gone away. But we know the poor will always be with us; we are glad to do our small part to end hunger and food insecurity in the area.



Two thousand nineteen was no different. We continued to offer a nutritious, delicious, complete meal once a day, healthful snacks for children in after school programs, a clean and safe place for Guests to socialize, and much more.

For example, a day doesn't go by when Priscilla and I are not confronted by something out of the ordinary. When a woman came in to report that someone threw all her belongings into the river, a social media post got overwhelming support for her. We are also at the front lines of the opioid epidemic that has plagued so many.

Yes, last year we served more than 90,000 meals, handed out more than 27,000 children's snack items, and provided over 53,000 meals for emergency home consumption. We also provide a variety of clothing, coats, blankets, sleeping bags, tents, boots and shoes for those in need.

This year, we have some expensive purchases to make by order of the health department. A new hand sinks needs to be installed behind our serving line. We also need a new sterilizer, ice machine, and bay-marie. The cost will be over \$20,000.

From the bottom of our hearts, we thank you all so very much for all of your generous support. This could never have been possible without your help!

Sincerely,

Murray Brayson

Murray Brayson, President
Enfield Loaves and Fishes, Inc.

Professionals Interested in
Becoming Board Members:
Please Forward
a Resume to EL&F.

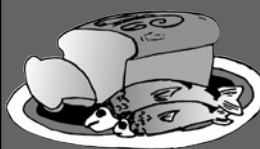
2019 ANNUAL REPORT of Caring



DEDICATED VOLUNTEERS



MISSION STATEMENT



Loaves and Fishes is committed to providing meals and fellowship to the poor, hungry, and disenfranchised within our community.



FIGHTING HUNGER



For Many, Life Is a Struggle, but Enfield Loaves & Fishes Provides a Ray of Hope

Eleven years ago, Stacey lost everything in her world: her benefits, her home, and custody of her daughter. She described herself as being “100 percent homeless.” She had a drug problem. She even spent some time in prison. She was a thief, by her own admission, stealing from the then-Shaw’s Supermarket in Enfield for something to eat. The former Stafford resident was a mess. She was starving. Even though she was stubbornly self-reliant, she came to the swift realization that she needed help. Badly.



Stacey a gift certificate for a manicure, and Stacey says it was this very gesture that helped her to love herself again. She said, “The Soup Kitchen saved my life. I didn’t go to bed hungry. I didn’t have to steal food anymore. I didn’t feel alone anymore.”

Nowadays, Stacey is well on the road to recovery, despite a relapse a couple of years ago. She has a good therapist at Community Health Resources on Hazard Avenue. She says she has been sober since 2016. As for the future, she intends to move to South Carolina with her mother.

Someone told her about Enfield Loaves and Fishes, where she immediately enjoyed the delicious afternoon meal and made friends with fellow guests. She was so grateful for the food and care provided that she told others about it as well. She also formed close relationships with Priscilla and Murray that lasts to this day. Some time ago, Priscilla gave

Stacey the most difficult periods. Now, she readily describes herself as “so happy” with an enormous smile, and says she has “slowly gained everything back” with the help of Enfield Loaves and Fishes.

ENFIELD LOAVES AND FISHES EXECUTIVE BOARD 2019



Mrs. Priscilla Brayson – Executive Director
Mr. Murray Brayson – President
David Tuttle – Vice-President
Ms. Theresa Dodd – Treasurer
Mr. Charles Palomba – Secretary
Mr. Aldo Della Giustina – Board Member
Mrs. Jill Brody – Board Member
Mrs. JoAnn Clark – Board Member
Jo-Ann Ciccaglione – Board Member
Joann McDermott – Board Member



“I Feel Humble”: 20 Year Volunteer Has Lifelong Passion for Helping Others



Barbara Sullivan is a fixture at the soup kitchen. A youthful and spry 81, with snowy white hair, a permanent smile, and a cheerful voice, she and her older husband John show up at 1 o’clock every Thursday, three hours before dinner is served, and stay till about six. They both help with whatever needs doing, however mundane it may seem, before the guests begin to make their way through the doors: they prepare the fruit appetizers, wrap up silverware with paper napkins, and serve dinner.

The Windsor Locks resident has dedicated much of her life to helping others, and even got a master’s degree to become a Catholic chaplain. The former high school math teacher and day care center operator has spent many a day at the St. Mary Home in West Hartford. “I especially enjoy spending time with the dying,” she said. “You can learn so much from that experience.”

A parishioner at Mary, Gate of Heaven Parish, Barbara started at Enfield Loaves and Fishes 20 years ago, just a couple of years after John. “I love giving back,” she said. “Our faith is very important to us, and I have been blessed with so much. There is a profound sense of humility I feel every time I spend time with the sick, the hungry, the poor.”

“Volunteering has always been a part of both of our lives,” Barbara said. “I especially like helping out at the soup kitchen because everyone is so nice and friendly, everyone from the other volunteers right on down to the clients.”

So is it also a social activity? “Yes,” Barbara replies eagerly. “Especially as I get older, it’s great to get out of the house and mingle with others.”

She relates a story. Recently, John has been in the hospital with health problems. Priscilla, when she says grace before dinner every afternoon, has told the guests about his struggles. And lately, when Barbara has shown up to volunteer without John, guests have asked about “the old man,” as they call him, wishing him well, praying for him, and hoping he comes back soon.

She knows many of the guests by name, and she is amazed by the fellowship and friendship she sees among the needy who break bread at the soup kitchen. “I am just humbled at how these guests look out for each other – and how they are surviving.”

It breaks her heart to see how drugs and alcohol have ruined so many lives. “One woman told me not long ago that she knows she is an alcoholic.” Barbara knows this is the first step toward recovery.

When asked about how she feels about being a featured volunteer in this year’s newsletter, she described it as the modest woman she is might: “Honored.”

HIGHLIGHTS



- ◆ Enfield Loaves and Fishes collaborated with Educational Resources for Children (ERC) by providing 27,180 snack items and mini-meals for 8 schools housed at 5 locations.
- ◆ Food drives: Honda of Windsor, Most Excellent Gaming, ShopRite and Stop & Shop hosted food drives for Enfield Loaves and Fishes. Through the effort of almost 80 volunteers, enough food and donations were received to supply the Soup Kitchen for several months.
- ◆ Various fundraisers: Otter Creek Game Dinner, Fisherman Breakfast and Gaming for Gains.
- ◆ Enfield Loaves and Fishes was a guest on the Kissell and Friends CPTV Program.
- ◆ A new back door and stair lift were installed.

- ◆ We are members of: Enfield Hunger Action Team, Enfield Safe Harbor Warming Center, St. Bernard / St. Vincent dePaul and in Partnership with Foodshare.
- ◆ We benefit from Day of Caring Volunteerism from: The Hartford, Waste Management Co., and Eversource Employees, Super Steam Squad, Veeder Root, Loomis Chaffee, C&S Wholesale Employees, Windsor Locks Honda, Windsor Honda, 360 Federal Credit Union, Jet Blue Employees, Sysco Family, Suffield Knights of Columbus, Red Robin, Connecticut Water Co., and Simpson Strong-Tie.
- ◆ Thanksgiving and Christmas Holiday sit-down dinners were held at Loaves and Fishes, and each Guest was served by a waiter/waitress. Thanks to the donors, Santa was on hand to pass out gifts to about 400 guests. Over 250 children especially enjoyed receiving gifts.
- ◆ Enfield High School students cooked our turkeys for Thanksgiving.
- ◆ Periodic updating of the website.

SPECIAL THANK YOU - 2019 ORGANIZATIONAL CONTRIBUTORS

Banks / Credit Unions:

360 Federal Credit Union
Bank of America, Employee Giving
Enfield Community Federal Credit Union
Farm Credit East
Tobacco Valley Teachers Federal Credit Union
Webster Bank
Windsor Locks Federal Credit Union
Windsor Federal Savings

Businesses:

Able Care & Pharmacy
Acapulco's Restaurant
American Honda Motors - Windsor
Airways Golf Course
Artoli Chrysler Dodge
A. Sterling Insurance Agency
Austin Brook Sportsmens Association
Big Y - Enfield
Bielonko Farms
Bob's Discount Furniture
Bombardier Aerospace Employees
Bright Beginnings
Browne Memorial Chapels
Cans for Kids
Carr Hardware
Carritos Enfield, dba Acapulco's
Chromalloy
Connecticut Water Company
Constitution Cable Products, Inc.
Costco - Enfield
Cycle Gear
Danny's Restaurant
Diana's Bakery
Digital Imaging Solutions
Dollar Tree - Windsor
Easy Pickin's Orchard
Edanse Company and Ballroom
Embreat Services and Support
Enfield Animal Hospital
Enfield Community Garden
Fallon Law Office, LLC
Family Ford of Enfield
Farms of Southern New England
Figaro's Restaurant
Foodshare
Frontier Communications
Geissler's Super Market - East Windsor / Granby
Golden Gavel Auction House
Grandma's Pies
Great Clips
Greys A A, Inc.
Grassmere Ladies Golf League
Great American Insurance Company
Halladay Farm
Harp Realty, LLC
Hasting Farms - Suffield
Head-Rush Salon
Hedberg Data Systems
High Meadow Resort - Granby
Highland Park Market - Suffield
Hines, Attorney Charles D.
Home Goods
Housing Enterprises, Inc.
Iron Order Motorcycle Club
Janik Sausage Company, Inc.
Jet Blue Airlines
Johnny Applesed Farm

Jay's Barber Shop
Jeffrey P. Thompson, MD, LLC
JetBlue CSR
Kelly Fradet Lumber
Kohl's Department Store - Enfield
Krupa Oil Company
Law Offices of E. Spinella, Esq.
Leete Stevens Funeral Chapels
Lil' Buddys Mini Mart
Maine Fish Market & Restaurant
Matt's Sports Cards
Mark's Restaurant
Magic Minit Car Wash
Max Cares
Mobile Aircraft Painters, Inc.
Most Excellent Comics and Collectibles
Navigators Management Co., Inc.
Network for Good
North Central CT Lawyers Association
Olive Garden - Enfield
Once Upon a Child
Otter Creek Productions
Outback Steakhouse
Oxen Hill Farm, LLC
Panera Bread
Pappas Family Dentistry
Paul Morin Construction Corp.
Philadelphia Insurance Company
Phoenix Manufacturing, Inc.
Raymond James Corp.
Red Robin of Enfield, LLC
Reid and Reige, PC
Renato's Sewing Machine, LLC
Residential Realty Boutique
Rolling Meadow Mens Golf Association
Rovithis Realty, LLC
S. Camerota & Sons, Inc.
Scantic Valley Farm
SCA Pharma
Shah, Dr. Darshan
ShopRite - Enfield
Silvia's Gourmet Restaurant
Simpson Strong-Tie
Smyth's Bus Company, Inc.
Sofia's Restaurant
Sonny's Place
Southern New England Floor Covering State of CT
State Farm Insurance
Stop & Shop - Enfield
Subway - Enfield
Suffield Pizza
Suffield Veterinary Hospital
Tall Pines Rooming House
Target - Enfield
Taylor Rental Center of Enfield
The Barn Yard Enterprises
The Hartford Fire Insurance Company
The Weed Man
Tittarelli, Inc.
Tobacco Valley Teachers Credit Union
Travelers
Turf Products, LLC
Veeder-Root Co. Employees
Waste Management - Windsor
Wal-Mart Corporation
Wendy's - Enfield
W. D. Sweet Flutes
White Eagle Farms
Woodcock Refrigeration Co., Inc.
Wreaths Across America

Churches and Religious Organizations:

Amazing Grace Church - Enfield
Archdiocese of Hartford Annual Appeal
Calvary Presbyterian Church
Community of Christ Church - East Windsor
Congregational Church of Somers
Congregational Church of Somersville
Congregational Church of West Suffield
Copper Hill United Methodist Women
Cornerstone Church
Enfield American Baptist Church
Enfield Congregational Church
First Church of Christ Congregational - Suffield
Faith Baptist Church
Felician Sisters
Hazardville United Methodist Church
Holy Family First Communion Class/CCD Program
Holy Family Church / St. Vincent de Paul
Holy Trinity Church - Enfield
Little Sisters of the Poor
Mary, Gate of Heaven Parish
Mount Carmel Women's Auxilliary
Ministries of Love and Hope, Inc.
New Life Church
New Day Church
Sacred Heart Church - Suffield
Second Baptist Church - Enfield
St. Bernard's Church / St. Vincent de Paul
St. Catherine / St. Phillip's Community - Broad Brook
St. Jeanne Jugan Parish
St. Joseph Residence and Residents - Enfield
St. Martha Church - Enfield
St. Mary's / St. Robert Bellarmine Church
St. Marianne Cope Parish - Broad Brook
St. Patrick's Church
St. Raymond of Penafort Parish
Sun Life Church - Enfield
United Methodist Church of Enfield
West Suffield Congregational Church

Schools:

ERIC Educational Resources for Children - Enfield
Enrico Fermi High School, Faculty, Clubs, Societies
Enfield High School Students, Faculty, Clubs
Enfield High School Culinary Department
Enfield Montessori School
Enfield Teachers Association
Joshua Center School
JFK Middle School
The Loomis Chaffee School
Riley School of Dance
Somers High School / Faculty, Clubs, Societies
St. Martha School
Suffield Academy
Suffield High School, Students, Clubs, Societies

Civic Organizations:

Allied Community Resources
America's Charities
Austin Brook Sportsmen's Association
Enfield Fire Departments
Enfield Food Shelf
Enfield Travel Basketball Association
Friends of Library - Warehouse Point
North Thompsonville Firemen Benevolent Association

Girl Scout Troop - Enfield
Girl Scout Troop 965 - Suffield
State of CT, Department of Correction
Stateline Senior Services - Somers
Thompsonville Fire Department
Town of Enfield
Town of Enfield, AFSME Local 1029
Town of Enfield, Municipal Employees
Women's Club of Suffield
Women's Club of Enfield

Fraternal Organizations:

America's Charities
American Legion, Post #80 Tanguay Magill
American Legion, John Maciolek Post 154
Amvets, Post #18 - Enfield
Disabled American Veterans, Chapter 52
Enfield Lions Club, Inc.
Enfield Police Explorers
Fidelity Charitable
Hartford Aircraft Local IAMAW AFL-CIO #743
Knights of Columbus, Council 50 - Enfield
Knights of Columbus, Council 14600 - Enfield
Knights of Columbus, Council 26 - Windsor Locks
Knights of Columbus, Council 4303 - Somers
Loyal Order of the Moose, Thompsonville Lodge #1525
Laureate Tau Sorority
Network for Good
North Central CT Lawyers Association
Rotary Club of Suffield
Rotary Club of Enfield
Women's Fellowship - Suffield
Windsor Locks Lions Club
Woman of the Moose, Thompsonville Chapter 1302
United Way of Central and NE CT
United Way of SW Pennsylvania

Foundations:

Aetna Foundation - Matching Grants
Antonacci Family Foundation
Allied Printing Charitable Foundation
Bank of America Charitable Foundation
Bob's Discount Furniture Charitable Foundation
Carris Corporate Foundation, Inc.
Charities Aid Foundation of America
Cyber Grants, Inc.
Estate of Stephen Gemski Foundation
Fidelity Charitable Foundation
Hartford Foundation for Public Giving
KSD Charitable Foundation
Meyer Family Living Trust
Reid and Reige Foundation, Inc.
The Hartford
Travelers / CyberGrants
TJX Foundation
United Way of Central and NE CT

We have made every effort to ensure accuracy and apologize for any errors or omissions.

★ **WE CAN NOT EXIST WITHOUT YOUR HELP! THANK YOU!** ★



THANK YOU TO ALL THE VOLUNTEERS & CONTRIBUTORS



“HUNGER Has No Season”

WHO ARE WE?

Loaves and Fishes is a nonprofit, volunteer program incorporated in 1982. Our purpose is to feed the hungry and aid the disenfranchised.

WHERE ARE WE?

We are located at
28 Prospect Street • Enfield, CT 06082

MAILING ADDRESS:

Enfield Loaves and Fishes, Inc.
P.O. Box 544 • Enfield, CT 06083-0544



PHONE NUMBER: 860-741-0226

OUR WEB SITE IS:

www.enfieldloavesandfishes.com

JOIN US ON FACEBOOK 

FACTS

We have gone from serving **15,625** meals in **1992** to **90,164** meals in **2019**, while **77,180** snack items were prepared for children in Educational Resources for Children (ERiC) programs. Food for **52,876** meals was provided for home consumption.

We are staffed almost exclusively by volunteers from the community and operate under the guidance of a Director and a volunteer Board of Directors.

For information, contact Priscilla Brayson at pbelf@aol.com.

Dinners are served, free of charge, **Sunday** through **Friday** from **4 - 5 P.M.** and on **Saturday** from **11 - 12:30 P.M.** Various churches and organizations provide the meals and volunteers on Saturdays and Sundays.



LOAVES
and
FISHES

AFTER SCHOOL PROGRAM

HOW CAN YOU HELP?



Enfield Loaves and Fishes is solely dependent upon donations and volunteer help from individuals, churches, organizations, corporations and businesses in North Central Connecticut throughout the year.

The soup kitchen **does not** receive monetary support from state or federal governments.

There is a constant need for volunteers and donations since “**Hunger Has No Season.**” Monetary donations support food purchases, supplies, equipment purchases and maintenance.

Volunteers are needed to help with the transportation of food and supplies, stocking shelves, food preparation, cooking, serving and cleanup.