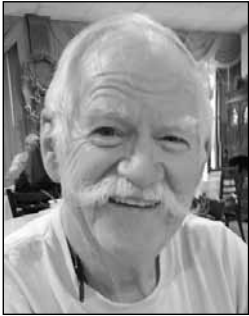


LOAVES and FISHES

Enfield Loaves and Fishes, Inc.
P.O. Box 544 • Enfield, CT 06083-0544
www.enfieldloavesandfishes.com



More than feeding the impoverished, Enfield Loaves and Fishes contributes to the quality of life for many families, Veterans, the elderly, and the outcast of society in our community. Wonderful people, who for health reasons, for substance abuse reasons or financial reasons, simply cannot make ends meet. We provide nutritious, well balanced meals, in order to make sure that whatever they are facing, they do it

being as healthy as possible.

This year Enfield Loaves and Fishes served 140,211 meals, 108,115 children snacks, and the equivalent of 46,259 meals for home consumption.

Whoever, whatever a person's need is, when they come to Enfield Loaves and Fishes, we do our best to offer suggestions and provide the services they need. For example, directing the homeless to shelters or warming centers, and Veterans toward organizations that will assist them medically and emotionally. Mothers who need warm clothing for their children and extra household needs can come in for help. We go beyond feeding the disenfranchised in our community. We serve the entire community, including the (ERfC) Educational Resources for Children Programs.

Many volunteers at Enfield Loaves and Fishes get a real sense of giving something back by making a difference in the community. An added benefit is the sense of personal achievement along with meeting new people, making friends, and having fun. One of Enfield Loaves and Fishes' greatest impacts on the community is the opportunity it provides for volunteers.

Murray Brayson
 Murray Brayson, President
 Enfield Loaves and Fishes, Inc.

Professionals Interested in becoming Board Members: please forward a resume to EL&F

Volunteering: The Happiness Effect

Helping others kindles happiness, as many studies have demonstrated. When researchers at the London School of Economics examined the relationship between volunteering and measures of happiness in a large group of American adults, they found the more people volunteered, the happier they were, according to a study in Social Science and Medicine. Compared with people who never volunteered, the odds of being "very happy" rose 7% among those who volunteer monthly and 12% for people who volunteer every two to four weeks. Among weekly volunteers, 16% felt very happy—a hike in happiness comparable to having an income of \$75,000—\$100,000 versus \$20,000, say the researchers.

Adapted with permission from Simple Changes, Big Rewards: A Practical, Easy Guide for Healthy, Happy Living, a special health report published by Harvard Health Publications.

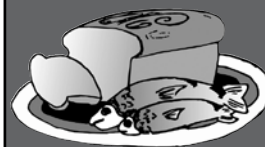
2017 ANNUAL REPORT OF CARING



DEDICATED VOLUNTEERS



MISSION STATEMENT



Loaves and Fishes is committed to providing meals and fellowship to the poor, hungry, and disenfranchised within our community.



FIGHTING HUNGER



Help With Respect

Cat has been happily married for over 9 years and has 6 beautiful children. She is busy around the clock taking care of her children, volunteering for school activities and being a homemaker. Her husband works hard to keep their finances running smoothly, but every now and then they need extra help to feed and clothe their children.

"Having a place where I can come to eat with my family allows us to spend money on other necessities, such as medicine and rent, and not having to choose between these essential items. Plus my children love the pizza and desserts! The food is great! My background is in culinary arts, so I know that the meals served are nutritional, as well as delicious. This effort that the Loaves and Fishes of Enfield puts into their meals demonstrates that they are no ordinary Soup Kitchen."

Cat was at first hesitant about asking for help at the Enfield Loaves and Fishes. She worried about her children and how they would be made to feel. "Priscilla came to me and offered suggestions that helped ease my anxiety. It ended up that I found everyone, warm, friendly and ready to help one another. The place is safe for me and my children. I have now made some wonderful friends because of their respect, encouragement, and support."

Cat has a plan, in the near future, to have her and her children volunteer and give back to the Enfield Loaves and Fishes as a way to say thank you, and because she understands the important service they provide.

"It's so important for people to have access to food while they are working to get on their feet. Here, at Enfield Loaves and Fishes Soup Kitchen, you get more - Respect and Support, along with Delicious Meals."



ENFIELD LOAVES AND FISHES EXECUTIVE BOARD 2017

Mr. Murray Brayson – President
Mrs. Priscilla Brayson – Director
Ms. Theresa Dodd – Treasurer
Mrs. Emily Leary – Board Member
Mr. Tom Arnone – Board Member
Mrs. JoAnn Clark – Board Member
Mr. Scott Kaupin – Board Member



Robert Zukauskas - 25 years with Enfield Loaves and Fishes



Bob is a resident of Chicopee, Mass., and has been with Enfield Loaves and Fishes for over 25 years. He started working with us at the Soup Kitchen as a community service requirement included in a college course called "Self and Others" taken at the local community college. He lived right down the street from St. Andrews Church, where he attended mass, and thought it was a good idea to fulfill the 8 hours of service here.

He started out working in the kitchen cleaning, but was quickly given handyman duties due to his mechanical abilities. After a number of years, Bob started delivering bread from the local markets. Then he settled into his current position as computer support, for not only the soup kitchen in what Priscilla and Murray needed, but also helping volunteers with their personal computers, free of charge. His feelings are that the cyber world is scary and brutal. "I'm willing to do what is needed in keeping everyone's information safe from falling into the wrong hands".

When asked why all this time with the kitchen, Bob's response was with sincerity and care, "Priscilla, Murray, and the other volunteers don't judge people who come here with real needs. They know that this establishment provides food, clothing, shelter,

and relief. The world outside can become very ugly to those who are less fortunate. This place is a sanctuary for these people, where they can get the help they need and become human again. I support that! Compassion and caring for our fellow human beings is what we're all here to do on God's domain."

Bob is currently retired after 32 years of service with U.S. Air Force, where he achieved the rank of Chief Master Sergeant managing personnel. He worked on information systems (Telephones, radios, and networks). Before that he was in charge of cyber security systems for the base, hence his passion to help others from internet and computer menaces. His career has taken him to far corners of the world to include Panama, Italy (in support of the Bosnian war), Kuwait, and Iraq where he succumbed to injuries while supporting operations there, and was retired due to those disabilities.

His volunteering doesn't stop there. He is active with the local American Legion Post 80, giving presentations regarding veterans to local schools, and spending time with convalescent veterans at the Little Sisters of the Poor in Enfield. He also started the Local chapter of Toastmasters International, and was a Scout leader for both Pack 818 and Troop 108.

Bob's Education includes several Air Force schools in Aircraft Maintenance and Communications. He also has several Associate Degrees from Asnuntuck Community College. He attended the Community College of the Air Force, and earned a Bachelor's Degree in Security Management from the American Military University.

"I hope to keep doing this work for another 25 years, God willing. It's important to remember that a society is judged by how it takes care of the sick, elderly, and those that are in need. So far, we have a lot of work to do and I intend to support that effort."

HIGHLIGHTS



- ◆ **Enfield Loaves and Fishes collaborated with ERfC (Educational Resources for Children) by providing 108,115 snacks and mini-meals for (8) schools housed at (5) locations.**
- ◆ **We are a member of: Enfield Hunger Action Team, Safe Harbor Warming Center, Enfield Council of Christian Churches, St. Bernard / St. Vincent de Paul, Partnership with Wheeler Clinic, and Partnership with Foodshare.**
- ◆ **Replaced Chimney Liner.**
- ◆ **ShopRite and Stop & Shop hosted food drives for Enfield Loaves and Fishes. Through the effort of almost 80 volunteers, enough food and donations were collected to supply the Soup Kitchen for several months.**

- ◆ **Various fund-raisers: Otter Creek Game Dinner, Bikers Against Hunger, Fisherman Breakfast, Subway, Red Robin, Windsor Locks Knights of Columbus, and Bingo for high end purses.**
- ◆ **Grease Trap was installed.**
- ◆ **Free Haircuts were given. Also, Flu Shots were administered.**
- ◆ **Beautification of building and grounds was completed by Eversource Employees. "Day of Caring" by Shepherd of the Hills, Kohl's, Bay Path College Students, and C&S Employees**
- ◆ **Participated as guests on Kissell and Friends Program Recording.**
- ◆ **Thanksgiving and Christmas Holiday sit-down dinners were held at Loaves and Fishes, and each guest was served by a waiter/waitress. Santa was on hand to pass out gifts to 400 guests. Over 250 children especially enjoyed receiving gifts.**

SPECIAL THANK YOU - 2017 ORGANIZATIONAL CONTRIBUTORS

BANKS/CREDIT UNIONS:

American Eagle Federal Credit Union
Bank of America
Enfield Community Federal Credit Union
Farm Credit East
Highland Park Market
Savings Institute Bank & Trust
Tobacco Valley Teachers Federal
Credit Union
Windsor Locks Federal Credit Union

BUSINESSES:

Able Care & Pharmacy
ABRH, LLC
Archdiocese of Hartford
Armatas Market
A. Sterling Insurance Agency
Begley and Assoc., LLC
Big Y - Enfield
Bielonko Farms
Bob's Discount Furniture
Books to Dreams, Inc.
Bottle Shop
Bright Beginnings Childcare Center
Browne's Memorial Chapels
Camerota Truck Parts
Carl's Appliance Service
Carr Brightwood, LLC
Carr Hardware
Chromalloy
Chipotle Restaurant & Grill
Chick-Fil-A - Enfield
Cirtec Medical
Community Hartford SNET
Constitution Cable Products, Inc.
Costco - Enfield
Cromwell Outboard Association
Cummins, Dr. William, DDS
D.B.A. Hopewell Vision
D.B.A. Industrial Fluid
Deckard Corporation
Diana's Bakery
Drew's Custom Cuts
Easy Pickin's Orchard
Edible Arrangements
Elm Plaza Donuts, Inc.
Emily Eye Care
Enfield Appliance Service
Energy Beam Axiences, Inc.
Enfield Animal Hospital
Enfield Community Garden
Enfield Builders
Enfield Food Shelf, Inc.
Enfield Grange, Inc. #141
Enfield Home Appliance
Enfield Little League
Enfield Teachers Association
Enfield Town Clerks Office
Enfield Package Store
Fallon Law Office, LLC
Family Ford of Enfield
Farms of Southern New England
Figaro's Restaurant
Foodshare
Frontier Communications
Geissler's Super Market -
E. Windsor / Granby
Golden Gavel Auction House
Grandma's Pies
Greys A A, Inc.
GTS Distributors
Halladay Farm
Harp Realty, LLC
Hasting Farms - Suffield
Heavenly Edibles
Hedberg Data Systems
High Meadow Resort - Granby
Highland Park Market - Suffield
Home Depot - Enfield
Home Goods
Housing Enterprises, Inc.
Incredible Edibles
Integrity Martial Arts, LLC
ITW Foils
Janik Sausage Co., Inc.
JAD, LLC
JAD Ventures, Inc.
Jeffrey P. Thompson, MD, LLC.
Joe's Fine Wine & Spirits
Johnson Memorial Hospital

Kelly Fradet Lumber
Kite - Enfield
K-9 Safe at Home
Kohl's Department Store - Enfield
Kristie's Car Sales
Krupa Oil Company
Law Offices of E. Spinella, Esq.
Leete Stevens Funeral Chapels
Lil' Buddy's Mini Mart
Lovable Huggables
Maine Fish Market & Restaurant
Mass Mutual Financial Group
Matt's Sports Cards
Mattress Firm
Minit Car Wash
Mobile Aircraft Painters, Inc.
Molina's Cafe
99 Restaurant & Pub
National Financial Services, LLC
Network for Good
New England Propeller Service, Inc.
North Central CT. Lawyers Assoc.
Old Burnside Brewing Co.
Olive Garden - Enfield
Once Upon a Child
Otter Creek Productions
Outback Steakhouse
Oxen Hill Farm, LLC
Panera Bread
Pappas Family Dentistry
Pepsi Cola Bottling Co.
Phoenix Life Insurance Co.
Phoenix Manufacturing, Inc.
Plato's Closet
Projects Unlimited
Rachel's Challenge
Red Robin Restaurant
Rinaldi Pizza Restaurant
Reid and Reige
Round Robin, LLC
Rovithis Realty, LLC
Safe Guard Safety Shoes
Shaker Road Properties, LLC
Scantic Valley Farm
Scapa Healthcare
Shag Bark Farm
ShopRite - Enfield
Silvia's Gourmet Restaurant
Simpson Strong-Tie Co.
Smyth's Trinity Farm
Spinella & Associates
State of CT
Stocker Family Farm
Stop & Save - Enfield
Stop & Shop - Enfield
Subway - Enfield
Suffield Police Dept.
Suffield Veterinary Hospital
Tall Pines Rooming House
Target, Enfield
The Enfield Tap
The Hartford Fire Insurance Co.
The Yarde House Tavern
Thompsonville Community Garden
TML, LLC
Town of Enfield
Town of Somers / Human Services
Transportation Mktg. & Log Group
Travelers
Turnkey Compliance Solutions
Turf Products, LLC
UL, LLC
Walmart Corporation
Weed Man - Springfield
Wendy's - Enfield
Whole Donut
White Eagle Farms
Windsor Locks Historical Society
Windsor Locks Social Services
Woodcock Refrigeration Co., Inc.
Wreaths Across America

CHURCHES AND RELIGIOUS ORGANIZATIONS:

Amazing Grace Church - Enfield
Archdiocese of Hartford Annual Appeal
Calvary Presbyterian Church
Community of Christ Church - Hartford
Congregation
Congregational Church of Somersville

Congregational Church of West Suffield
Copper Hill United Methodist Women's
Group
Cornerstone Church - East Windsor /
Enfield
Crystal Lake Methodist Church
Enfield Congregational Church
Felician Sisters
First Church of Christ Congregational -
Suffield
Hazardville United Methodist Church
Holy Family First Communion Class / CCD
Program
Holy Family Church Corp.
Holy Family Church / St. Vincent de Paul
Group / CCD
Holy Trinity Episcopal Church
Little Sisters of the Poor
Montessori School
Mount Carmel Women's Auxiliary
Our Savior Lutheran Church
Sacred Heart Social Action Ministry
Sacred Heart Church, Youth Group -
Suffield
Shepherd of the Hills Lutheran Church
St. Adalbert Church
St. Bernard Church and Church Corp.
St. Bernard's / St. Vincent de Paul
St. Catherine / St. Phillip Community -
Broad Brook
St. Joseph's Fraternity SFO
St. Joseph Residence and Residents -
Enfield
St. Mark Armenian Church - Springfield
St. Martha Church - Enfield
St. Mary Church - Windsor Locks
St. Marianne Parish - Broad Brook
St. Patrick Church
Son Life Church - Enfield
United Methodist Women's Club
United Methodist Church of Enfield
West Suffield Congregational Church

SCHOOLS:

Bay Path University
ERfC Educational Resources for Children,
Enfield
Enrico Fermi High School, Faculty, Clubs,
Societies
Enfield High School Students, Faculty,
Clubs
Enfield Montessori School
Enfield Teachers Association
Glenbrook Middle School - Longmeadow
Henry Barnard PTO
JFK Middle School
The Loomis Chaffee School
Northwest Catholic School
Porter and Chester Institute
Riley School of Dance
Somers High School / Faculty, Clubs,
Societies
Stem Middle Academy - Springfield
St. Martha's School
St. Patrick's School, 1st Communion Class
Suffield Academy
Suffield High School AgriScience Center
Suffield High School FFA
Suffield High School, Students, Clubs,
Societies

CIVIC ORGANIZATIONS:

Austin Brook Sportsmens Association
Cub Scout Pack 391
Enfield Ramblers
Little League - Enfield
Little Red Hens Women's Club
North Thompsonville Firemen
Benevolent Association
Girl Scout Troop 10761 - Enfield
Girl Scout Troop 10764 - Enfield
Senior Center - Enfield
Somers Women's Club
State of CT., Dept. of Corrections
Suffield Rotary Club
Thompsonville Fire Department
Town of Somers Human Services
Town of Enfield

Town of Enfield AFSME Local 1029
Windsor Locks Social Services
Windsor Locks Historical Society
Women's Club of Enfield

FRATERNAL ORGANIZATIONS:

American Legion Post 17
American Legion Post #80
Tanguay Magill
American Legion John Maciolek
Post 154
Amvets Post #18 - Enfield
Disabled American Veterans,
Chapter 52
Enfield Elks BPOE 2222
Enfield Grange, Inc. #151
Enfield Lions Club, Inc.
Enfield Fire Department
Enfield Junior Women's Club, Inc.
GFWC Woman's Club of Enfield
Iron Order Motorcycle Club, MA
Knights of Columbus, Council 50 -
Enfield
Knights of Columbus, Council 14600 -
Enfield
Knights of Columbus, Suffield
Council 6281
Knights of Columbus, Council 26 -
Windsor Locks
Laureate Tau Sorority
Loyal Order of the Moose, Lodge 1525 -
Enfield
North T'ville Firemen's Benevolent
Association
North Central CT Lawyers Association
Rotary Club of Suffield
Rotary Club of Enfield
Suffield Police Department
Suffield Woman's Club, Inc. - GFWC/CT
VFW Post 10219 Auxiliary -
Hazardville Station
Women's Fellowship - Suffield
Windsor Locks Historical Society
Windsor Locks / Lions
Woman of the Moose 1302

FOUNDATIONS:

Aetna Foundation - Matching Grants
Antonacci Family Foundation
Beatrice Fox Auerbach Foundation
Bob's Disc. Furniture Charitable
Foundation
CA, Inc. Matching Gifts Program
Carris Corporate Foundation, Inc.
Cyber Grants, Inc.
Darden Restaurants, Inc. Foundation
Fidelity Charitable Grant
Hartford Foundation for Public Giving
KSD Charitable Foundation
Melvin S. Cutler Charitable Foundation
Meyer Family Living Trust
Mass Mutual - Matching Grant
Pfizer Foundation - Matching
Gifts Program
Reid & Reige Foundation
Suffield Rotary Foundation
Travelers / Cyber Grants
Tyco Matching Gifts
United Technologies - Matching Grant
United Way of Central and NE CT
Waterford Group Charitable Foundation
Werth Family Foundation
Wreaths Across America

OTHER:

Joan Meyers Trust
Marjorie M. DeLoach Trust
St. Patrick Permit #16

***We have made every effort
to ensure accuracy
and apologize for any
errors or omissions.***



**Thank you to all the
Volunteers & Contributors**



“HUNGER HAS NO SEASON”

WHO ARE WE?

Loaves and Fishes is a nonprofit, volunteer program incorporated in 1982. Our purpose is to feed and aid the disenfranchised.

WHERE ARE WE?

We are located at
28 Prospect St., Enfield, CT 06082

MAILING ADDRESS:

Enfield Loaves and Fishes, Inc.
P.O. Box 544 • Enfield, CT 06083-0544

PHONE NUMBER: (860) 741-0226

OUR WEB SITE IS:

www.enfieldloavesandfishes.com

JOIN US ON FACEBOOK 



FACTS

We have gone from serving **15,625** meals in **1992** to **140,211** meals in **2017**, while **108,115** snacks were prepared for children in Educational Resources for Children (ERfC). Of the thousands of meals served, nearly **44%** went to children both in the soup kitchen and ERfC after school programs. Food for **46,259** meals was provided for home consumption.

We are staffed almost exclusively by volunteers from the community and operate under the guidance of a Director and a volunteer Board of Directors. For information, contact Priscilla at pbelf@aol.com.

Dinners are served, free of charge, **Sunday** through **Friday** from **4-5 p.m.** and on **Saturday** from **11-12:30 p.m.** Various churches and organizations providing the meals and volunteers on Saturdays and Sundays.



**LOAVES
and
FISHES**

AFTER SCHOOL PROGRAM

HOW CAN YOU HELP?



Enfield Loaves and Fishes is solely dependent upon donations and volunteer help from individuals, churches, organizations, corporations and businesses in North Central Connecticut throughout the year.

The soup kitchen **does not** receive monetary support from state or federal governments.

There is a constant need for volunteers and donations since “**Hunger Has No Season.**” Monetary donations support food purchases, mortgage, insurance, supplies, equipment purchases, and maintenance.

Volunteers are needed to help with the transportation of food and supplies, stocking shelves, food preparation, cooking, serving, and cleanup.